## Appendix H: Media Samples



UBCO researchers explore the impact of kindness on campus

Media Release: Good News Network



Friends fur life help build skills for life

Media Release **Science Daily** 



UBCO researchers explore the impact of canine cuddles on students

Daily Mail Media Release Global People



UBCO experts offer tips to help make this Christmas worth remembering

Media Release Castanet



**Local Indigenous artist** contributes to UBCO's public art collection

Media Release Vernon Morning Star



**UBCO** education professors offer tips for at-home learning

Media Release Global